

Student helpers Recruitment: Nursing /Pharmacy Students Wanted

For Supporting the Hong Kong Housing Society Project for drug management

Background

Older adults encounter the challenges of taking multiple medications. For those who have inadequate health literacy, they are more likely to misunderstand medication instructions and have difficulties to follow correct drug regimen. Poor compliance of medication leads to unsafe practice and poor health outcomes, including poor diabetes control and high blood pressure.

The project aims to develop a “Medication Use Supportive Team (MUST)” to support medication use for the older residents in the public estates under the management of Hong Kong Housing Society (HKHS). And we want you to become a member of the MUST.

Expectation from the student helpers

- 1) Attend the 3-hour training / briefing session (See details below)
 - a. The MUST teammates were trained to use the assigned protocol and guideline in home visits,
 - b. offer assistance to the elderly clients in drug storage and drug compliance during the visits
 - c. and provide health and drug related education to them.

- 2) Complete home visits, meeting elderly in the public estates.

MUST teammates will be paired up and will choose one or two estates. A number of elderly cases will be assigned to these MUST teammates in these estates according to the availability of the pair. 7 to 8 cases are organized in one round of two one-day visit. One or two rounds will be conducted according to the number of elderly cases assigned to the pair. In each round, we will conduct

- a. First Home Visit: Paired MUST teammates will conduct home visits to the 7 to 8 cases in the chosen estate(s) together. Each visit will last about 45-60 minutes. The First Home Visit will be scheduled on a day in August.
- b. Second Home Visit: Each MUST teammate will conduct home visits to the previous 7 to 8 cases in the chosen estate(s) separately. Each visit will last about 45-60 minutes, Second Home Visit is scheduled on a day on September or October.

What will you gain?

- Experience to communicate with and to serve the elderly in the community
- Understand the medication needs for the elderly
- Enhance your medical knowledge
- Each case in a visit will be given a honorarium of \$40

Who may apply?

- 1) If you are interested to know more about or to help in elderly care in medicine, you should apply and serve as helpers; AND
- 2) Full time or part time students in Nursing or Pharmacy or Medical studies
- 3) Able to attend the training session (details listed below) and visit twice the elderly in public estates during August and September

Training Session:

- 1) Date: 8 August 2015 (Saturday)
- 2) Time: 1430 to 1800
- 3) Venue: Seminar Room 3, Laboratory Block, Sassoon Road No.21
- 4) Contents: Workshop and training materials provided to deliver the assigned protocol and guideline in home visits. Participants in the training session will know how to provide assistance to drug storage and compliance and related education to elderly clients.

Please reply if you are interested, stating your **NAME, INSTITUTION, MAJOR, YEAR** and **AVAILABILITY** (which half day (am/pm) or full day you will be available in August, Sunday shall be excluded).

Please reply on or before 7th, August, 2015!

An example may be:

Name: Leung Sze Him Isaac

Institution: HKU

Major/Year: NURS1

Availability:

<i>Number</i>	<i>Date</i>	<i>Whole day/am/pm</i>
<i>1</i>	<i>4-Aug</i>	<i>am</i>
<i>2</i>	<i>5-Aug</i>	<i>Whole day</i>
<i>3</i>	<i>6-Aug</i>	<i>pm</i>
<i>4</i>	<i>9-Aug</i>	<i>pm</i>
<i>...</i>	<i>....</i>	<i>...</i>
<i>10</i>	<i>28-Aug</i>	<i>Whole day</i>

Enquiry: Mr. Isaac Leung by phone at 3917-6331

Please return this enrollment form by email to isaacl@hku.hk